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RESEARCH ARTICLE

Effect of Solid-State Fermentation on Olive Byproducts on Performance, Beneficial Microorganisms, and Expression of Digestive Tract of Broiler Chickens

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ABSTRACT

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The application of dried olive byproducts as supplementary feed sources in poultry feed remains constrained owing to their nutritional value and high contents of fiber. Solid-state fermented olive byproducts with addition of exogenous enzymes; is being investigated as an approach to improve its nutritional value. The consequences olive byproducts treated with fermentation with enzymes on growth performance; modification of genes encoding secretion of digestive enzymes, beneficial microorganisms of broiler chickens. A total of 72 oneday-old broiler chicks (Ross 308) were divided into four dietary groups, with three replicates of six birds per replicate. Dietary treatments were divided as follows: the control group while other treatments were basal diet with inclusion rate of fermented olive pulp (FOP) by three levels (5, 10, and 15%) of fermented olive byproducts for 42 days. The group fed 10 and 15% of FOB showed the highest body weight gain and the most improved feed conversion rate (FCR). Moreover, the expression of AMY2A, and PNLIP genes was significantly upregulated (p < 0.05) by elevating levels of FOB when compared with the control. Notably, the beneficial probiotics bacteria including lactobacilli was significantly increased and reached its peak load in FOBIII supplemented group. The findings of the current study implied that dietary incorporation of 15% FOB improved growth performance attributes, directed cecal microbes toward the beneficial one long with upregulation of digestive enzymes encoding genes.

Introduction

agro-industrial byproducts Among the farms with that provide chicken environmentally friendly substitute feed olive byproducts. Simple source are phenolic and other useful chemicals are thought to be abundant in olive byproducts (OB), polyphenols, oleuropein, and flavonoids, which can improve animal health and performance. Olive byproducts regarded as are affordable alternative energy source to its In addition to their high oil content, olive byproducts are also a major source of polyunsaturated fatty acids (PUFAs) [1]. Likewise, birds can consume dried olive byproducts more efficiently in older age [2]. This is explained by the high fiber content that includes non-starch that restricted its use polysaccharides [3] in broiler diets, especially when animals were young and their digestive still developing. tracts were Fermentation may improve the nutritional value of chicken feeds by lowering crude fiber and raising crude protein concentrations [5, 6], removing harmful substances and other anti-nutritional from feed ingredients elements Additionally, adding exogenous microbial enzymes to poultry diets during feeding facilitates the digestion of fiber and breaks phosphorus phytic down phytase). [8]. Also, since these enzymes function best in a pH range of 4 to 6, their activity is primarily limited to the crop, proventriculus, and gizzard. [9, 10]. Furthermore, improves it the feed palatability [11, 12], enhance growth performance, immunological resistance, and beneficial gut microbiota in chicken farms. [13]. The nature of broilers [14] may regulate intestinal enterocytes' digestive transporter proteins and enzymes to aid in the digestion and absorption of dietary nutrients [15, 16]. Therefore, the expression genes of

digestive encoding enzymes (intestine GLUT-2, lipase, and pancreatic amylase) consuming fermented after byproducts and cecal microbes may mimic its ability to broiler enhance development performance. Hence, study is aimed to investigate the effect of fermented olive pulp on growth modification performance, of genes encoding secretion of digestive enzymes, and beneficial microorganisms of broiler chickens.

Materials and Methods

Preparation of olive byproducts by solid fermentation with enzymatic treatment

Bacillus licheniformis was used in this olive experiment to ferment the byproducts, Aspergillus oryzae (PTCC5163) and Lactobacillus casei, besides, commercial exogenous enzymes at the level 50 g/ton (HOSTAZYME-X), beta xylanase and beta-glucanase were introduced. After fermentation, the fermented olives by product were dried days 50°C. for two at Other feed components were combined with ground dried samples to form the diets.

Study animals

Seventy-two one day old male Ross-308 broiler chicks were weighed to be 46.00 ± 0.388 g when arrived. The chicks were raised using sawdust as litter in an open, naturally ventilated housing. The lighting, relative humidity, and room temperature were examined in compliance with the Ross-308 poultry management guidelines [15]. The Institutional Ethics Committees of the Nutrition, Clinical Nutrition, Wealth departments Animal Faculty of Veterinary Medicine, Zagazig University, Egypt, approved the publication, "The Guide for the Care and Use of Laboratory Animals in Scientific Investigations." All animal experiments were conducted in accordance with the guidelines described in the publication.

Experimental design and diets

groups of eighteen experimental Four chicks (Ross 308, Dakahlia company, Egypt), each consisting of three replicates and six birds, were assigned to the groups. A diet supplemented with 5%, 10%, and 15% fermented olive byproducts (FOB) or a control corn-soybean diet were given to the treatment experimental groups. The duration of the experiment was 42 days. Every chick had unrestricted access to food and water. The mash-based experimental meals were prepared accordance with the Ross Manual's recommendations [15] as shown in Table techniques Standard described Association of Official Agricultural Chemists [16] were used to perform proximate analysis of a variety nutrients in feed ingredients and diets, such as ether extract (EE), crude protein (CP), crude fiber (CF), and dry matter (DM).

Growth performance and nutrient digestibility:

Average body weight (BW) and total feed consumption were measured at the starter and grower - finisher stages. Then, for entire every phase and the growing period, the feed conversion ratio (FCR) and body weight BW increases were computed. The protein efficiency ratio (PER), which was computed from the total protein intake, was obtained by dividing the weight gain (g) by protein intake (g).

Sampling and analytical procedures

At day 42, the birds were chosen at random and put down by dislocation. After that, birds were defeathered, eviscerated, cecal samples were collected. Small tissue samples (n = 3/replicate) were collected pancreas and duodenum, cleansed with phosphate-buffered saline, and kept Eppendorf cap-lock tubes at -80°C in preparation for RNA extraction.

mRNA extraction and reverse transcription polymerase chain reaction (RT-PCR) to analyze gene expression

RNA isolation was performed using the **OIAamp RNeasy** Mini kit GmbH, Hilden, Germany). Duodenal and pancreatic samples were Eppendorf tubes after being snap-frozen in liquid nitrogen. The amount of RNA at optical density of 260 nm was spectrophotometer measured using a (Thermo Fisher Scientific Inc., Waltham, MA, USA).

The 25-µL reaction mixtures used for Green RT-PCR amplification contained 0.25 µL of RevertAid reverse transcriptase (Thermo Fisher Scientific, Germany), 12.5 µL of 2x QuantiTect SYBR Green PCR master mix (Qiagen), 0.50 µL of each primer, 8.25 µL of RNase-free water, and 3 µL of the RNA template. Real-time PCR was amplified using the Rotor-Gene Q2 Plex (Qiagen Inc., Valencia, CA, USA). The primer sequences for the glucose transporter-2 (SLC2A2), (PNLIP), lipase sodiumdependent glucose cotransporters (SGLT-1), and pancreatic alpha-2A amylase genes (AMY2A) were provided in Table The target genes' expression levels 2. were brought back to normal by using GAPDH as an internal reference.

Bacteriological assay

At the end of the experiment; the spread plate technique was used to quantify specific bacteria in the cecal contents. Sterile saline used to serially dilute one gram of cecal material 10 times. Lactobacilli were counted using De Man, Rogosa, and Sharpe's (MRS, CM1153,

Oxoid, UK) agar medium. Violet-red bile glucose agar (VRBG, CM485, Oxoid) was utilized to count E. coli. On Rogosa agar (Oxoid, UK) plates, lactobacillus counts were obtained after three days of anaerobic incubation at 37 °C. Log¹⁰ colony forming units (CFU)/g of the cecal contents is the average result of the duplicate data.

Statistical Analysis

Levene's validate test was used to homogeneity among experimental groups and Shapiro-Wilk's test was performed to confirm the normality, the experimental data was evaluated using SPSS's general linear model (GLM) technique (SPSS Inc., Chicago, Illinois, USA). The data deviation was expressed using the standard error of the mean (SEM), and significant differences between mean values were assessed using Tukey's test 0.05 was chosen as the predicted significance Relative threshold. fold changes in target gene expression were using the $2-\Delta\Delta Ct$ method determined [17].

Results

Growth Performance

performance of Growth parameters broilers are presented in Tables 3 and 4. In contrast to the control diet of corn and soybeans, during the initial phase, replacing a control with 5%, 10%, and fermented olive byproducts FOB harbor had no influence on body weight and body weight gain (BWG), however, replacing 15% and 25% FFB decreased BWG (p < 0.05) feed index FI and feed conversion rate FCR. In comparison to the control treatment, broilers fed 5%, 10%, and 15% FOB displayed higher (p <0.05) BWG during the grower-finisher period. Additionally, the 10% fermented olive byproducts FOB group experienced a significant (p < 0.05) drop in feed intake

FI during the starter stage, but the dietary inclusion of 5%, 10%, and 15% fermented olive byproducts FOB harbor no influence on cumulative feed intake during the grower-finisher period (Table 5). During stater period and grower-finisher stage, Table 5 shows that broilers given 5% and 10% fermented olive byproducts FOBsubstituted diets had a considerably higher FCR (p < 0.05). The group fed 10% fermented olive byproducts FOB had the lowest FCR (Table 6) and the most weight significant body gain BWG, according overall to the performance findings.

Cecal Microbes

The effect of diets containing fermented olive pulp (FOP) on broiler chickens' cecal bacteria (Log₁₀ CFU/g fresh digesta) is displayed in Table 7. The broiler fed diets containing 15% fermented olive pulp FOP showed the highest significant value (P < 0.05) of total microbes while, there was no significant effect (P>0.05) in comparison with other groups and the control one. The broiler fed containing 10% and 15 % fermented olive byproducts FOB showed the lowest significant value (P<0.05) of E. coli in comparison with the control one. On contrast, the highly significant (P < 0.05)increase(P>0.05) in *lactobacillus* species as found in group fed on diets containing 10and 15% FOB in comparison with control group.

Expression of digestive related genes in response to feeding on olive byproducts

Effect of diets containing fermented olive pulp FOP on broiler chicks' relative mRNA expression is displayed in Figure The highest relative mRNA expression increase (P<0.05) for (GLUT2/ GAPDH) gene was noted in the group fed diets containing 15% when compared to control one Figure 1A. Broilers group fed diets containing 15% followed by groups fed 5 and 10 of fermented olive pulp FOP had the highly relative mRNA expression in the genes for lipase/GAPDH and amylase/GAPDH increased significantly (P<0.05), as demonstrated in Figure 1B and C, respectively.

Discussion

Crude fiber is difficult or impossible to be digested and therefore has 'poor reputation' in poultry nutrition. Treating fermented olives product (FOB). bv Therefore, treating fermented olive product FOB with microbial fermentation conjunction with in commercial exogenous enzymes can be a useful for improving nutritional strategy the value of fermented olive by product FOB. current study, groups the given fermented olive by product FOP up to 15% were thought to have better broiler chicken development performance. These outcomes align with the conclusions of [18, 19] which demonstrated that dietary inclusion of feed treated with fermentation (Bactocell as starter inoculum) increased the broiler chickens' feed weight gain and consumption. Additionally, broiler chicken growth performance and intestinal health are positively impacted microbial by fermentation [20]. Furthermore, a high concentration of advantageous bacteria probiotic effects on the gastrointestinal system can be obtained by fermenting an item [21]. Fermented foods improve nutrient absorption digestion, which will improve the birds' growth performance [22, 23]. Similarly, adding mixture of enzymes such pectinase, glucanase, xylanase and through fermentation process decreased rapeseed cakes' NSP by 30% to 45%. Our results support the idea that B. subtilisbased microbial fermentation can improve [24], palatability produce the feed digestive enzymes (lipases, proteases, and amylases) to break down complex plant carbohydrates, thereby stimulating nutrient digestion and absorption. Furthermore, it creates active complexes gramicidin, nystatin. (bacitracin, polymyxin) that prevent the endogenous pathogens propagation [25]. The superior performance of broiler chicks in the fermented olive pulp FOP-fed groups over control one could be attributed to the functional metabolites generated during microbial fermentation. Furthermore, the microbial enzymes generated during fermentation become more active when fibro lytic foreign enzymes are added.

Additionally, decreasing PH of digestive tract inhibit the activity of pathogenic bacteria [26]. Additionally, the increased concentration of organic acids brought on by fermentation may be connected to the number of enteric decreased bacteria, including E. coli, after feeding higher quantities of fermented olive by product FOB. This made it easier for LAB to grow and proliferate, which lowered stomach pH and stopped the growth of pathogens [27, 28]. Α microbially fermented meal was shown to boost the quantity of good bacteria and prevent the growth of harmful ones. Furthermore, more favorable bacteria taxa develop in the intestine when the environment is more acidic. Lastly, by influencing the proliferation of both pathogenic and nonpathogenic bacteria in the broilers' digestive system, fermentation improves feed nutritional efficiency and accelerates growth [29].

On the other hand, fermentation can the digestibility enhance and nutritive value of unconventional feed stuff [30]. Digestive enzymes play a crucial function in breaking down the particles of feed stuff, both of which are essential for the overall health birds. growth and of Promoting expression of digestive enzymes linked genes can boost digestive enzymes activities and feed utilization in

poultry [31]. Likewise, boosting digestive enzymes secretion (lipases, amylases, and trypsin) next to feeding on fermented feeds are blamed to increasing the bird's growth rate [32]. In this case, GLUT2 was upregulated in groups given varying amounts of fermented olive pulp FOP, thus, dietary inclusion of poultry enzymes can increase intestinal GLUT2 expression the absorption and speed up micronutrients [33]. Additionally, broilers fed cottonseed meal fermented with B. subtilis showed increased activity of the enzyme's amylase and protease [34]. This was due to B. subtilis's contribution to the production of these enzymes. Similarly, addition of xylanase significantly increased GLUT2 expression after eating, which may indicate improved absorption birds [35]. In accordance, in discovered that feeding Ross broiler chicks microbially fermented dry brewer's

grains enhanced the production of genes for the pancreatic enzymes lipase, protease, and amylase. Additionally, after consuming fermented soybeans, birds' pancreatic enzyme activity increased [37].

Conclusion

Microbial fermentation is a cutting-edge processing technique that can improve the nutritional content and use unconventional feed resources, such olive by-products. According to this study. broiler chicks fed fermented byproducts FOB have better development digestive performance because their are functioning better. systems These results boost the chicken feed industry's of recommendation fermented olive byproducts FOB as a nutrient-dense nontraditional feed ingredient, hence eroding faith in the conventional ones.

Tables

Table 1. Ingredients of fed stuff and the chemical composition (%) of the experimental diets used in the study stages for Broiler Chickens

	Experimental diets							
Ingredients			Sta	rter			Grower-	Finisher
riigi edients	Con	trol	Fermen	ted olive	Con	trol	Fermen	ted olive
			pu	lp			pu	lp
	0%	5%	10%	15%	0%	5%	10%	15%
Yellow corn	52.70	50.25	45.70	40.20	57.90	52.70	47.15	45.11
Soybean meal, 46%	35.00	28.00	26.70	27.25	32.85	31.65	32.20	29.06
Fermented olive byproduct*	0.00	5.00	10.00	15.00	0.00	5.00	10.00	15.00
Corn gluten, 60%	5.17	9.75	10.35	9.80	2.00	2.60	2.10	3.75
Soybean oil	2.35	2.20	2.50	3.00	3.00	3.90	4.50	3.00
Calcium carbonate	0.75	0.60	0.50	0.50	0.75	0.60	0.50	0.50
Calcium dibasic phosphate	2.60	2.60	2.60	2.60	2.15	2.15	2.15	2.15
Common salt	0.30	0.30	0.30	0.30	0.30	0.25	0.30	0.29
Sodium bicarbonate	0.25	0.25	0.25	0.25	0.25	0.25	0.25	0.20
Premix ¹	0.30	0.30	0.30	0.30	0.30	0.30	0.30	0.30
L-Lysine HCL, 78%	0.25	0.45	0.50	0.50	0.15	0.20	0.20	0.30
DL-Methionine, 98%	0.13	0.10	0.10	0.10	0.15	0.20	0.15	0.14
Choline chloride, 60%	0.10	0.10	0.10	0.10	0.10	0.10	0.10	0.10
Calculated composition								
ME, Kcal/Kg	3.05	3.05	3.01	3.00	3.10	3.10	3.05	3.05
CP, %	23.01	23.01	23.00	23.00	20.51	20.51	20.52	20.50
EE, %	4.99	5.01	5.40	5.95	5.71	6.67	7.32	6.00
CF, %	3.33	3.66	4.24	4.90	3.27	3.84	4.50	5.03
Ca, %	1.01	1.00	1.01	1.07	0.91	0.91	0.93	0.97
Available phosphorus, %	0.45	0.45	0.45	0.45	0.38	0.38	0.38	0.38
Lysine, %	1.46	1.45	1.45	1.45	1.30	1.30	1.30	1.30
Methionine, %	0.54	0.55	0.56	0.55	0.50	0.55	0.50	0.50

^{*} premix: Each 3 kg contrains the Following vitamins and minerals: Vitamin A (10,600,000 IU), Vitamin D3 (2,650,000 IU), Vitamin E (30,000 IU), Vitamin K3 (1.990 mg), Vitamin B1 (1,060 mg), Vitamin B2 (6.8 g), Vitamin B6 (1.5 g), Pantothenic acid (10.2 g), Vitamin B12 (13 mg), Niacine (30.5 g), Folic acid (1,030 mg), Biotin (50 g), Fe (40 g), Mn (70 g), Cu (8.8 g), I (1,620 mg), Co (252 mg), Se (410 mg), and Zn (51.6 g).

Table 2. The Primers Sequences of enzymatic genes applied for quantitative real-time PCR Broiler Chickens.

Genes	Gene full name	Primer sequence (5'-3')	Accession no
AMY2A	Pancreatic alpha 2A amylase	F-CGGAGTG↓GATGTTAACGACTGG	NM_001001473.2
2A amylase		R-ATGTTCGCAGACCCAGTCATTG	
PNLIP	Pancreatic lipase	F-GCATCTGGGAAG↓GAACTAGGG	NM_001277382.1
		R- TGAACCACAAGCATAGCCCA	

^{*} Fermented olive byproduct was analyzed (Moisture, 11%, crude protein, 10 %, Ether extract, 5.20 %, crude fiber, 15%, Calcium, 1.10 %, Available phosphorus, 0.04 %, lysine, 0.10 %, methionine, 0.16 %).

GLUT2	Glucose transporter-2 (SLC2A2)	F-TGATCGTGGCACTGATGGTT R-CCACCAGGAAGAC↓GGAGATA	NM_207178.1
GAPDH	Glyceraldahyde - 3-phosphate dehydrogenase	F-GGTGGTGCTAAGCGTGTTA R-CCCTCCACAATGCCAA	NM205518

AMY2A: Pancreatic alpha-amylase, *PNLIP*: Pancreatic Lipase, *GLUT2*: glucose transporter 2, *GAPDH*: glyceraldehyde-3-phosphate dehydrogenase

Table 3. Body weight (g) of broiler chickens fed diets containing fermented olive byproducts (means $\pm SE$) at end of starter and grower-finisher periods.

	Experimental diets				
Age (week)	Fermented olive byproducts				
	Control	5%	10%	15%	
Starter (0-21 day)	1106±22.10 ^a	1067±3.76 ^a	1056±22.10 ^{ab}	992±13.3 ^b	
Grower-finisher (22- 42 day)	2506±13.61ab	2442±15.85 ^b	2270±25.36 ^a	2253±20.67 ^{ab}	

^{a-b} Mean significances with altered letters in the similar column vary statically at P < 0.05.

Table 4. Body weight gain (g) of broiler chickens fed diets containing fermented olive pulp (means $\pm SE$) during starter and grower-finisher periods

	Experimental diets (week) Fermented olive byproducts				
Age (week)					
	Control	5 %	10 %	15 %	
Starter (0-21 day)	878±11.53	993±22.26	954±9.55	900±5.77	
Grower-finisher (21-42 day)	1183±61.58 ^c	1400±25.46 ^a	1374±19.78 ^{ab}	1215±83.21 ^b	

^{a-c} Mean significances with altered letters in the similar column vary statically at P < 0.05.

Table 5. Cumulative feed consumption (g/bird) of broiler chickens fed diets containing varying levels of fermented olive byproducts (means $\pm SE$) during starter and grower-finisher periods.

	Experimental diets			
	Fermented olive byproducts			
Age (week)	Control	5 %	10 %	15 %
Starter (0-21 day)	1348±5.54 ^a	1338±2.51 ^a	1279 ± 2.08^{b}	1315 ± 4.58^{a}
Grower-finisher (21- 42 day)	2841±42.77 ^a	2854±34.46 ^a	2860±27.20 ^a	2766±24.58 ^{ab}

^{a-b} Mean significances with altered letters in the similar column vary statically at P < 0.05.

Table 6. Feed conversion ratio (FCR) of broiler chickens fed diets containing varying levels of fermented olive byproducts (means \pm SE) during starter and grower-finisher periods.

		Experimental diets Fermented olive byproducts			
Age (week)	Control	5 %	10 %	15 %	
Starter (0-21 day)	1.53 ± 0.02^{a}	1.35 ± 0.03^{b}	1.34 ± 0.01^{b}	1.46 ± 0.02^{a}	
Grower-finisher (21-42 day)	2.50±0.10 ^a	1.97±0.06 ^c	2.02±0.04°	2.22±0.02 ^b	

^{a-c} Mean significances with altered letters in the similar column vary statically at P < 0.05.

Table 7. Cecal microorganisms (Log¹⁰ cfu/g fresh digesta) of broiler chickens fed diets containing varying levels of fermented olive byproducts (means $\pm SE$).

]	Experimental diets		
	Fermented olive byproducts			
	Control	5 %	10 %	15 %
Total microbes	6.13 ± 0.09^{b}	6.25 ± 0.06^{b}	7.15 ± 0.03^{b}	7.35 ± 0.03^{ab}
Escherichia coli	5.27 ± 0.16^{a}	5.23 ± 0.09^{a}	4.97 ± 0.03^{b}	4.33 ± 0.07^{b}
Lactobacillus spp.	6.20±0.26°	6.23±0.27°	6.50±0.08 ^b	6.67 ± 0.06^{b}

^{a-c}Mean values with different letters in the same column differ significantly at P < 0.05.

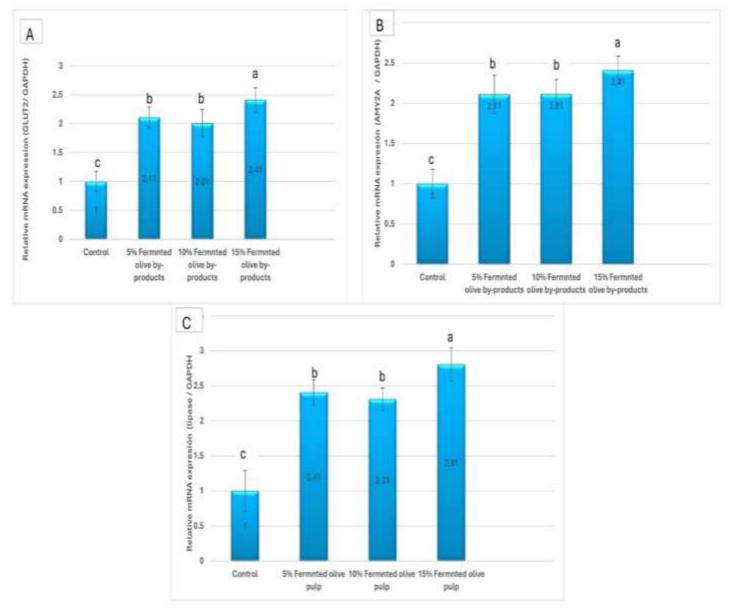


Figure 1. Influence of replacement of control diet with fermented olive byproducts on the mRNA expression of *GLUT-2*, **A** and pancreatic alpha 2A amylase (**B**, *AMY2A*), and lipase (**C**, *PNLIP*) genes in duodenum. 5% fermented olive pulp: birds fed microbially fermented olive pulp at the level of 5%, 10% fermented olive pulp: birds fed microbially fermented olive pulp at the level of 10%, 15% fermented olive pulp: birds fed microbially fermented olive pulp at the level of 15%.

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الملخص العربي

تأثير مخلفات الزيتون المخمرة والبكتريا النافعة على الأداء والتعبير الجيني للقناة الهضمية فى بدارى التسمين أحمد محمد عبد الرحمن 1, محمد السيد بدوي 2, دعاء ابر اهيم محمد 2, وفاء العراقي 2 المدير التنفيذي لشركة كي فيت كوبريشن، الزقازيق، بكالوريوس العلوم الطبية البيطرية ، جامعة الزقازيق، 44511، مصر 2قسم التغذية والتغذية الاكلينيكية، كلية الطب البيطري، جامعة الزقازيق، 44511، مصر

لايزال استخدام منتجات تفلة الزيتون المخمرة كمصدر تغذية تكميلي في علف الدواجن مقيدًا بسبب قيمتها الغذائية ومحتواها العالي من الألياف حيث يتم التحقق من مدى الاستفادة من منتجات تفلة الزيتون المخمرة بعد تجفيفها جيدا مع إضافة إنزيمات خارجية، كنهج لتحسين قيمتها الغذائية ومدى تأثيرها على نمو الطائر، وتعديل الجينات المسئولة عن إفراز الإنزيمات الهضمية، والكائنات الحية الدقيقة المفيدة لدجاج التسمين. تم تقسيم 72 طائرا من دجاج التسمين بعمر يوم واحد (روص 308) إلى أربع مجموعات غذائية، مع ثلاث مكررات من ستة طيور لكل تكرار. وقسمت المجموعات الغذائية على النحو التالي: مجموعة ضابطة , بينما تم تقسيم الثلاث مجموعات الاخرى بثلاثة مستويات (5و10و15) من منتجات تفلة الزيتون المخموعة التي المخمرة لمدة 42 يوما لمتابعة أعلى زيادة في وزن الجسم وأعلى معدل نمو في المجاميع المعالجة. أظهرت المجموعة التي تغذت على 10 و 15٪ من تفلة الزيتون المخمرة أعلى زيادة في وزن الجسم وأعلى زيادة في معدل التحويل . علاوة على ذلك، تم رفع مستويات المقارنة مع المجموعة التي الضابطة والجدير بالذكر أن البكتيريا الحيوية المفيدة بما في ذلك اللاكتوباسيليس زادت بشكل ملحوظ ووصلت المجموعة التي تغذت على 15% تفلة زيتون مخمرة الى زروتها في النظام الغذائي. وتشير الدراسة الحالية أن اعلى معدل نمو وأعلى زيادة في معدل التحويل كانت في المجموعة التي تغذت على 15% تفلة زيتون مخمرة .