



RESEARCH ARTICLE

Impact of Cumulus-Oocyte Complexes Morphological Grades on In Vitro Maturation and Biochemical Profiles in Dromedary Camels

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ARTICLE INFO

Article History:

Received: 5 December 2024 Accepted: 15 January 2025 Published online: June 2025

Key words:

Dromedary camels, Oocyte quality, *In vitro* maturation, Mitochondrial intensity, Antioxidants

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ABSTRACT

The dromedary camel holds significant economic value, but its reproductive limitations pose challenges to fertility. Assisted reproductive technologies (ARTs), such as in vitro maturation (IVM) and embryo production, offer potential solutions to enhance camel fertility. This study aimed to assess the impact of morphological properties of cumulus-oocyte complexes (COCs) on maturation rates of dromedary camel oocytes and biochemical markers in the spent IVM medium. COCs were classified into good- and poor-quality based on morphological assessment followed by IVM for 30 hours then cumulus expansion, polar body extrusion, and mitochondrial activity were evaluated. Biochemical markers, including antioxidants (superoxide dismutase (SOD), catalyze (CAT), glutathione (GSH)), adenosine triphosphate (ATP), nitric oxide (NO), and malondialdehyde (MDA), were also measured the spent IVM medium. Results showed significant differences between goodand poor-quality COCs in cumulus expansion (94.8% vs. 52.0%, P < 0.0001), polar body release (47.0% vs. 22.5%, P = 0.0003), and mitochondrial intensity (2.45 vs. 1.51, P < 0.0001). Goodquality COCs had significantly higher SOD, CAT, GSH, and ATP levels, while poor-quality COCs exhibited increased NO MDA levels in the spent IVM medium where and morphologically different grades of COCs were cultured. These findings highlight the critical role of COCs quality in determining the maturation success in dromedary camels.

Introduction

great dromedary camel is of The significance, utilized economic for а variety of purposes such as transportation, entertainment, beauty pageants, and competitions [1]. racing However, concerns have been raised regarding the reproductive limitations of female dromedary camels including induced ovulation, seasonal breeding patterns, prolonged calving intervals, and inadequate expression of estrus signs [2]. То address these challenges. advancements in assisted reproductive technologies (ARTs), such as cryopreservation, in vitro fertilization (IVF), and embryo transfer, have been employed to enhance fertility and improve the genetic performance of camels [3]. Compared to other species, research on the dromedary camel is still in infancy. This marginality can be traced back to the low camel stock compared to other livestock, as they are found in limited geographic areas [4].

Oocyte maturation is tightly regulated by hormonal factors such as folliclehormone stimulating (FSH) and luteinizing hormone (LH), as well as by interactions oocytes between and granulosa cells [5-7]. In vitro maturation (IVM) is a critical step in producing mature oocytes capable supporting of embryonic successful development [8]. The proper execution of IVM is essential for the successful production of embryos through ART. This process involves the resumption and completion of the first meiotic division, the cytoplasmic, and molecular maturation. All the previous events are required for fertilization and embryonic development subsequent [9]. Over recent decades, significant progress made in improving oocyte has been maturation rates and quality in vitro [10]. regulating Advances include gene maturation, expression related to and stimulating maturation through hormonal interventions [10]. Research on camel

oocytes is still evolving, with various efforts made to enhance their *in vitro* maturation [11].

Several factors influence oocyte maturation and early embryonic development, with oocyte quality being a pivotal determinant of success [12]. The ability of an oocyte to complete the maturation process, to be fertilizable, and produce healthy offspring is known as its quality [13]. The quality of the oocytes and the maturation conditions impact their developmental potential for further uses such as in vitro fertilization, culture, and embryo production [14]. Oocyte quality is determined by multiple interacting factors carefully managed that must be to embryo production. optimize in vitro These factors include the stage of the ovarian morphology, estrous cycle, biochemical properties follicle diameter, of the follicular fluid, hormonal profiles, the cumulus-oocyte complex [15]. and The association of cumulus cells (CCs) with oocytes is crucial for oocyte survival [16] and hence for IVF and IVM to be successful [17]. As the cumulus cells are in charge of providing the oocytes with nourishment during the latter stage of oocyte maturation [18]. The competence of oocytes is severely impacted when CCs separate from them [19].

Mitochondria are crucial organelles in the due their oocyte cytoplasm to multifunctional roles [20]. They are the primary source of adenosine triphosphate (ATP), the energy currency necessary for fertilization development and the of preimplantation embryos [21]. This high metabolic energy supports the demands of oocyte maturation, early embryogenesis, and the resumption of meiosis [10]. As the oocyte matures, mitochondria exhibit noticeable shifts in their distribution pattern from heterogeneous [22]. homogenous to According to recent research, poor-quality

exhibit age-related oocytes several dysfunctions shifting [23] such as mitochondrial expression, gene increased chromosomal aneuploidies, mitochondrial DNA damage, decreased potential. mitochondrial and membrane dysfunctions apoptosis. of these Any developmental could result in severe preimplantation embryo retardation and arrest [22]. Since oocyte maturation in vitro is accompanied with changes in the active mitochondria distribution of in addition to unique cumulus morphological changes, it has been suggested that mitochondria distribution may be utilized to determine cytoplasmic maturation [21].

During the handling of gametes and vitro, oxidative stress embryos in can pose a significant challenge due to the production of reactive oxygen species (ROS) [24]. ROS possess the ability to interact and modify any molecule, resulting in both structural and functional changes [25]. Oocytes are protected from ROS class of intracellular bv a antioxidants that work to neutralize these These harmful species. antioxidants include enzymatic and non-enzymatic such as factors. glutathione peroxidase (GPx), catalase (CAT), and superoxide dismutases (SODs), which are abundant in the follicular fluid and play a key role in safeguarding oocytes from oxidative damage [26].

The aim of this study was to investigate the impact of morphological properties of COCs maturation rates on and mitochondrial activity in dromedary camel oocytes after 30 hours of in vitro maturation. Additionally, we measured the concentrations of antioxidants (SOD), (superoxide dismutase catalyze (CAT), glutathione (GSH)), adenosine triphosphate nitric oxide (NO), (ATP), and malondialdehyde (MDA) in the spent IVM medium where morphologically different grades of COCs were cultured.

Materials and methods

Chemicals, Media, and Ethics Statements

Unless otherwise noted, all chemicals. reagents, and media used in this study were obtained from Sigma-Aldrich (St. Louis, MO, USA). All the methods and experimental procedures were reviewed and approved by University Zagazig Committee Research Ethics (approval number; ZU-IACUC/2/F/255/2024).

Ovaries Collection and Oocyte Recovery

Dromedary camel ovaries (n=100) were collected during the breeding season from abattoirs and transported to the local laboratory within 2 hours post-slaughter flask containing sterile in a thermos normal saline supplemented with 100 IU penicillin and 100 µg streptomycin/ml. After removing excess tissues, the ovaries were washed three times with warm saline and placed in a water bath at 38°C. Cumulus-oocyte complexes (COCs) were harvested by slicing the ovarian surface, followed by rinsing with warm phosphate-buffered saline (PBS) supplemented with 50 µg/ml gentamicin. COCs were retrieved and examined using a stereomicroscope at 90x magnification (Leica, Germany).

COCs Categorization

The recovered COCs (n=500,ten biological replicate) were morphologically classified based on the number and compactness of cumulus cell layers and cytoplasmic homogeneity [27]. Good-quality COCs (n=200), included COCs that consist of oocytes surrounded with at least two layers of compact cumulus cells with homogenous cytoplasm. Poor-quality COCs (n=300). include COCs that consist of oocytes surrounded with one layer of cumulus cells and partially or completely denuded oocytes.

In Vitro Maturation (IVM) of Oocytes

COCs were cultured in IVM medium consisted of TCM-199 supplemented with 10% inactivated fetal bovine serum (FBS), 5 μ g/ml follicle-stimulating hormone (FSH), 1 μ g/ml estradiol-17 β (E2), 0.15 mg/ml glutamine, 22 μ g/ml sodium pyruvate, and 50 μ g/ml gentamicin and incubated in a humidified atmosphere at 38.5°C with 5% CO₂ for 30 hours [28].

Assessment of cumulus expansion and polar body extrusion

At the end of the *in vitro* maturation cumulus expansion period. was morphologically assessed under а stereomicroscope, and the percentage of expanded COCs was calculated based on the criteria of Amer and Moosa [29]. Furthermore, cumulus cells (CCs) were removed from the oocytes using 0.25% hyaluronidase and repeated pipetting, and the presence of the first polar body in the perivitelline space were examined under a stereomicroscope.

Mitochondrial Activity Measurement

The mitochondrial activity of the oocytes after the in vitro maturation was assessed using MitoTracker Green FM (Invitrogen, Eugene, USA) according to the manufacturer's instructions. with some modifications based on Ghanem et al. [30]. Oocytes were washed with PBS-PVP buffer for 15 minutes and incubated with 15 µl of 200 nM MitoTracker Green dye for 30 minutes, followed by two washes with PBS-PVP buffer. Oocytes were mounted on a clean slide with 1-2 µl of glycerol, and a cover slip was placed without compressing the oocytes. The edges were sealed with a paraffin-vaseline mixture. Fluorescence of the MitoTracker Green dye was excited at 580-596 nm, images were captured and using an epifluorescence microscope. Image J software (National Institutes of Health: https://imagej.net) was used to analyze the value representing gray mean, fluorescence intensity.

Biochemical Analysis of Spent IVM Medium

Biochemical components (ATP, SOD. CAT, NO, and MDA) in the spent IVM analyzed using medium were highperformance liquid chromatography (HPLC). The HPLC system (Agilent, Santa Clara, USA) was equipped with a column oven, quaternary pump, rheodyne variable wavelength injector. and UV 20 μl detector with а loop. Chromatograms and reports were generated using the Chemstation software (Agilent). The analysis was conducted at 210 nm with a flow rate of 2 ml/min using a Synerji RP Max column. The mobile consisting phase was isocratic, of potassium phosphate buffer and acetonitrile at pH 2.7.

Statistical analysis

Data were analyzed using SAS software (SAS Institute, 2004) with the Student's *t*-test. Results are expressed as mean \pm standard error of the mean (SEM). Differences were considered statistically significant at $P \leq 0.05$.

Results

Effect of Oocyte Quality on Maturation Rates

of Representative cumulus images expansion before and after maturation are presented in Figure 1A. The proportion of COCs that showed cumulus expansion after IVM was significantly (P < 0.0001) higher in good-quality COCs (94.8%) compared to poor-quality COCs (52.0%) (Figure 1B). Similarly, polar body extrusion was observed in 47.0% of goodquality COCs, whereas only 22.5% of poor-quality COCs showed extrusion (P =0.0003, Figure 1C).



Figure 1: Comparison of key parameters between good-quality and poor-quality dromedary camel COCs. (A) Representative images showing cumulus expansion before and after maturation. (B) Percentage of cumulus expansion. (C) Percentage of polar body extrusion. (D) Integrated mitochondrial fluorescence intensity. Data are presented as mean \pm SEM. ***, ** represent statistically significant differences between groups at $p \leq 0.001$ and $p \leq 0.01$, respectively.

Effect of COCS Quality on Mitochondrial intensity

As seen in Figure 1D, a significant (P < 0.0001) reduction in the integrated mitochondrial fluorescence intensity was observed in poor-quality COCS compared to good-quality COCs.

Effect of COCs Quality on Antioxidants, ATP, Nitric Oxide, and Malondialdehyde Concentration in Spent In Vitro Maturation Medium

Biochemical analysis revealed that goodquality COCs had significantly higher concentrations of SOD (1.78 ± 0.07 U/ml vs. 1.34 ± 0.02 U/ml, P = 0.0009), CAT (12.37 ± 0.33 U/ml vs. 10.73 ± 0.30 U/ml, P

= 0.0102), GSH (3.16 ± 0.09 µmol/ml vs. $2.59\pm0.02 \ \mu mol/ml, P = 0.0010$, and ATP (18.20±0.66 µg/ml vs. 15.05±0.12 $\mu g/ml$, P = 0.0033) in the spent IVM medium where they were cultured (Table poor-quality In contrast, **COCs** 1). higher showed concentrations of NO (0.26 ± 0.01) µmol/ml 0.33 ± 0.01 vs. Р µmol/ml, = 0.0011)and **MDA** (16.53 ± 0.67) nmol/ml vs. 19.03±0.31 nmol/ml, P = 0.0147) in the spent IVM medium where they were cultured (Table 1).

Item	Good quality	Poor quality	P value
SOD U/ml	1.78±0.07	1.34±0.02	0.0009
CAT U/ml	12.37±0.33	10.73±0.30	0.0102
GSH µmol/ml	3.16±0.09	2.59±0.02	0.0010
ATP μg/ml	18.20±0.66	15.05±0.12	0.0033
NO µmol/ml	0.26±0.01	0.33±0.01	0.0011
MDA nmol/ml	16.53±0.67	19.03±0.31	0.0147

Table 1: Antioxidants, ATP, Nitric Oxide, and Malondialdehyde concentrations in the spent IVM medium where good- and poor-quality COCs were cultured *in vitro*.

SOD: superoxide dismutase, CAT: catalyze, GSH: glutathione, ATP: adenosine triphosphate, NO: nitric oxide, MDA: malondialdehyde.

Discussion

Assisted reproductive technologies particularly (ARTs), in vitro embryo production, are increasingly significant in the reproductive management of camels. The success of in vitro maturation of camel oocytes is essential for improving production outcomes in embryo this species [31, 32]. Oocyte quality is heavily morphological influenced by the and functional characteristics of cumulus cells [21]. Cumulus cells communicate with the oocyte, supplying essential nutrients and developmental supporting competence [33, 34]. This interdependence suggests surrounded by a higher oocytes that number of cumulus cell layers will benefit from enhanced cellular interactions that promote nuclear maturation and developmental potential [18]. This study aimed to investigate the influence of the morphological properties of COCs after recovery on maturation rates and mitochondria intensity inside the dromedary camels' oocyte after in vitro Additionally, evaluated maturation. we concentrations of antioxidants the and other biochemical profiles in the spent maturation medium where morphologically different COCs grades were cultured.

Our results showed that good-quality dromedary camel COCS exhibited significantly higher rates of cumulus expansion body and polar extrusion compared poor-quality COCs. to indicating nuclear superior maturation. These findings align with previous study reported that cumulus expansion levels were significantly higher in good-quality oocyte compared to poor-quality group [28]. Similarly, study in buffalo showed maturation rate that and cumulus expansion increased with the proportion of good-quality oocytes [35].

Cumulus expansion plays a critical role in facilitating oocyte maturation by enhancing the communication between cumulus cells the and oocyte. This interaction ensures the transfer of essential metabolites. signaling molecules, and nutrients, which are vital for nuclear and cytoplasmic maturation [33, 34, 36, 37]. In our study, goodquality COCs exhibited significantly higher expansion, levels of cumulus which likely contributed to their superior mitochondrial activity nuclear and Cumulus expansion supports maturation. mitochondrial function by promoting ATP regulating production oxidative and phosphorylation, processes crucial for

meiotic progression and energydependent events during maturation [38-41]. Additionally, the enhanced cumulusoocvte communication good-quality in COCs may have contributed to synchronized nuclear and cytoplasmic maturation, a key factor in achieving developmental competence [18, 20, 42]. findings underscore These the interdependence between cumulus expansion, mitochondrial activity, and nuclear maturation in determining oocyte quality and subsequent developmental potential.

Oocyte maturation in vitro involves changes in mitochondrial activity, suggesting that mitochondria may serve as markers for cytoplasmic maturation [43]. In our study, mitochondrial activity was significantly higher in good-quality COCs. This aligns with findings that mitochondrial function supports energy production crucial for meiotic progression and embryo viability [38]. In contrast, poor-quality COCs exhibited reduced mitochondrial intensity, likely linked to impaired ATP synthesis. Poor-quality oocytes associated with various are dysfunctions, including mitochondrial DNA damage, decreased mitochondrial potential, and altered membrane gene expression [22]. Oocyte quality has been shown to correlate with mitochondrial DNA and ATP levels [39], and elevated ATP levels in oocytes are associated with embryo improved development and implantation success [44]. Emerging research underscores the role of mitochondria as biomarkers of oocyte influencing energy-dependent quality. processes essential for meiotic completion and fertilization [20].

It has been established that follicular fluid contains free radical scavengers that embryos protect oocytes and by maintaining optimal balance of an reactive oxygen species (ROS) [45]. In our study, good-quality COCs maintained higher levels of superoxide dismutase

(SOD), catalase (CAT), and glutathione (GSH) in the spent maturation medium where they were cultured. This highlights the importance of an effective antioxidant within system the follicular fluid. protecting oocytes from oxidative damage caused by ROS generated during in vitro maturation (IVM) The [46]. observed higher antioxidant levels in the spent medium where good-quality COCs where stronger cultured suggest a oxidative enhancing defense, their maturation potential and development competence.

medium where poor-quality Conversely, COCs were cultured displayed elevated nitric oxide (NO) concentration, a marker of oxidative stress. which can compromise cellular integrity and maturation potential. Exposure to heat stress has been shown to increase ROS, lipid peroxides, and NO, correlating with poor oocyte quality [47-49]. Additionally, elevated NO concentration in the spent medium where poor-quality COCs were cultured may have adverse effects, as high concentrations are associated with NO reduced fertilization rates and increased embryo fragmentation [50]. Notably. malondialdehyde (MDA), а lipid peroxidation product [51], was significantly elevated in the spent medium where poor-quality COCs were cultured, indicating increased oxidative damage. High MDA levels are linked to reduced [52], embryo quality supporting our observation lower developmental of competence in poor-quality oocytes due to oxidative stress.

In conclusion, this study highlights the significant influence of dromedary camel COCs quality in vitro maturation on outcomes and biochemical profiles in the spent IVM medium. Good-quality COCs demonstrated superior nuclear maturation, cumulus expansion, mitochondrial activity. and enhanced antioxidant markers in the spent IVM medium compared to poor-quality COCs. These results underscore the critical role of

COCs quality assessment in improving ART protocols for dromedary camels. Future research should aim to optimize culture conditions support to mitochondrial function and antioxidant defense mechanisms in poor-quality COCs, thereby enhancing the efficiency of ART in this species.

Conflict of Interest

Authors have no conflict of interest to declare

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الملخص العربى تأثير الدرجات المورفولوجية لمجمعات الخلايا الركاميه على معدلات الانضاج المعملى والخصائص البيوكيميائية في الجمال العربيه

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يمثل الجمل العربي قيمة اقتصادية كبيرة، لكن محدوديته الإنجابية تشكل تحديات على الخصوبة. تقدم التقنيات المساعدة على الإنجاب (ART)، مثل الانضاج في المختبر (IVM) وإنتاج الأجنة، حلولاً محتملة لتعزيز خصوبة الإبل. هدفت هذه الدراسة إلى تقييم تُأثير الخصائص المور فولُّوجية لمجمعات الخلايا الركامية (COCs) على معدلات إنضاج بويضات الجمل العربي والخصائص البيوكيميائية في الوسط المستهلك (IVM). تم تصنيف مجمعات الخلايا الركامية (COCs) إلى نوعية جيدة وسيئة بناءً على التقييم الموّرفولوجي ثم تم إنضًاج البويضات في المختبر IVM لمدة 30 ساعة. تم تُقييم توسع الخلايا الركامية، وإطلاق الجسم القطبي، ونَّشاط الميتوكوندريا وقياس العلامات البيوكيميائية بما في ذلك مضادات الأكسدة (فوق أكسيد ديسموتاز(SOD)، كاتالأز (CAT)، جلوتاثيون (GSH))، أدينوزين ثلاثي الفوسفات (ATP)، وأكسيد النيتُريك (NO)، والمالونُديالدهيد (MDA). أظهرت النتائج إختلَافات كُبيرة بين مجمعات الخلايا الركامية و البويضات الجيدة وُالمنخفضية الجودة في توسّع الخلايا الركامية (94.8% مقابل 52.0%، P <0.0001)، وإطلاق الجسم القطبي (47.0% مقابل 22.5%، P = 0.0003)، وكثافة الميتوكوندريا (2.45 مقابل . 1.51، p<0.0001). كانت مجمعات الخلايا الركامية و البويضات ذات الجودة الجيدة لديها مستويات أعلى بكثير من SOD وCAT وGSH وGSH ، في حين أظهرت مجمعات الخلايا الركامية والبويضات منخفضة الجودة زيادة في مستويات NO و MDA في الوسط المستهلك IVM. تسلط هذه النتائج الضوء على الدور الحاسم لجودة مجمعات الخلايا الركامية و البويضات (COCs) في تحديد نجاح الإنضاج في الإبل العربية.